



CASTLE HOUSE

Care Home

Editor: Sue Stone

Welcome to our MARCH 2025 monthly newsletter



Have you noticed that we have had a few days when the sun shines hot and the wind blows cold – when it feels summer in the light and winter in the shade – surely we must be nearly there now when we can leave doors open and feel summer has finally arrived!

NEWS IN BRIEF

- *We celebrated on 4th March Shrove Tuesday with Jemma making wonderful pancakes*
- *On 17th March we celebrated St Patricks day with a Guinness or two*
- *Don't forget the clocks go forward by 1 hour on 30th March 2025*
- *It's time to spoil mums on Mothering Sunday – don't forget it's Sunday 30th March 2025*
- *Once again, we will /have celebrated quite a few birthdays, residents and staff alike*
- *From 1st April our escort charge for hospital appointments will be increased to £17.50 per hour*
- *We are pleased to announce two new staff promotions at Castle House :-*

Sue Stone has been promoted to Office Manager and Paris Sturman to Senior Team Leader. We wish them well in their new roles



Mother's Day

March 30th 2025

Known by its religious name, Mothering Sunday

HAPPY MOTHERS DAY!



BRITISH SUMMER TIME BEGINS

30th MARCH 2025



DON'T FORGET TO PUT YOUR CLOCKS FORWARD BY 1 HOUR

March 2025



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|---|--|-------------------|--------------------------------|---------------------|
| | | | | | 1 | 2 |
| Out for Coffee 3 | Hairdresser Day Pancake Day Chair Exercise with Andrew | Making Pizza for Supper Games & Music in the Lounge | Pamper Day 1.1 Chair Exercise Ball Fun... With Naz | Out for Coffee 7 | 8 International Women's Day | 9 |
| Making a Self-Portrait for International Women's Day 10 | Mary Lee Birthday Hairdresser Day Chair Exercise With Andrew | Making Bird Feeders Games & Music in the Lounge | Pamper Day 1.1 Chair Exercise & Ball Fun... With Naz | Out for Coffee 14 | 15 | 16 |
| St Patrick's Day 17 | Hairdresser Day Chair Exercise With Andrew | Making Chocolate Lollies Games & Music in the Lounge | Pamper Day 1.1 Chair Exercise & Ball Fun... With Naz | Out for Coffee 21 | 22 | 23 |
| Irish music... Irish food... Irish Guinness | | | | | | |
| Out for Coffee 24 | Hairdresser & Pamper Day 1.1 Chair Exercise with Andrew | Making melted chocolate Fruit kebab Games & Music in the Lounge | Arts & Crafts For mothers Day Chair Exercise with Naz | Out for Coffee 28 | 29 | Mothering Sunday 30 |
| Out for Coffee 31 | | | | | | |
| Music & Games in the Lounge | | | | | | |





TO OUR RESIDENT

Mary





To our staff

Andrei



Sally



Katy



Our lovely married couple, John & Mavis.
John came into Castle House in January and then Mavis joined
him in February
Castle House wishes you both a very warm welcome!



Answers to last months teaser puzzles:

Answer 1) The numbers represented the letters in each of the calendar months so the ? mark was **6 = August**

Answer 2) The code sequence consists of the initial letters of the months followed by the number of days in those months. So the ? marks were **JA3131 = July and August3131**

To test your little grey cells this month!!

(answers in next months newsletter)

Question 1) With the code below, what different fruit do grapes turn into?

G+8 R+0 A+0 P-2 E+2 S-14

Question 2) If 2, 3 and 10 go together. 6 and 7 go together which two out of 1 , 4 , 5, 8 and 9 are a pair?

(Dennis, I expect great things from you this month!!)



to all the staff for keeping everyone safe and well

Check out our website,

take a look

www.castlehousecarehomedevon.co.uk

We always need your reviews....

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. If you could make sure all the boxes are ticked and you have commented alongside as well would be very helpful to other families looking for a placement for their loved ones

However, if you have any concerns, please do speak to us directly so we can help. You can review us on www.carehome.co.uk AND Facebook

Review us

on carehome.co.uk
the leading care home review website



Please take a moment to review us on carehome.co.uk

- We welcome residents/service users and their family/friends to submit reviews to carehome.co.uk
- Staff or people with a professional connection to the care provider cannot submit reviews
- This is not a formal complaints procedure, for complaints contact the care provider or relevant regulatory authority
- Before publication, we check that all reviews comply with our Review Policy and we show all reviews to care providers
- It can take up to 30 days for a review to be published or deemed non-compliant
- Reviews are published on carehome.co.uk and potentially other selected websites
- Our full Review Policy can be viewed on carehome.co.uk/reviews
- For assistance, call 01488 684321 or email reviews@carehome.co.uk

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