



# CASTLE HOUSE

## Care Home

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Editor: Sue Stone

**Welcome to our JULY ISSUE 2025 monthly newsletter**



I think we have been blessed this year that we have had a much better summer so far than last year with some very hot days – even the grass is going yellow – but we won't moan, will we!!!

# NEWS IN BRIEF

*(or not so brief!)*

- *Lots of birthdays again this month – in particular Paris, our Senior Team Leader reached the grand old age of 21. Paris celebrated her birthday in Paris – can't think of a better place or name. Happy Birthday!!*
- *For our residents, we held a 'BBQ celebrating American Independence Day, sitting outside in the sunshine with music and having fun - Mark was on cooking duties with burgers and Kebabs – Absolutely Yummy with stunning weather to go with it!. Thanks to all the staff who helped on the day*
- *The fabulous Steve Valentine entertained the Home on 8<sup>th</sup> July – our two Mary's were showing their heels on the dance floor*
- *Father Steve from St. Michael & All Angels Church will be visiting on 23<sup>rd</sup> July*
- *C&A Ice Cream van came around on 15<sup>th</sup> July – all the residents and staff were taken 'back' to their childhood days reminding them of queuing up waiting for a delicious treat*
- *Helen Arlow, our Head Housekeeper retired at the end of June, we wish her all the very best for her future health & happiness. Taking over from Helen, is Sharon Lintott – congratulations Sharon, we all wish you well in your new position – we know you will smash it!*

- *Emma Calvin is our new Activities & Events Lead at Castle – she has already made a great impression since joining us. We all wish Emma a huge success in this role*
- *Shelbie (Manager) has recently passed her Level 5 Diploma in Leadership and Management for Adult Care – Everyone at Castle House sends congratulations and best wishes*
- *We recently needed a new fish pump for our fish tank that is in our reception area. Our lovely pet store owner, Jayne Wafforne from 'Whiskers Pet Centre in Torrington' supplied this free of charge to us. A very BIG thank you – this was so very kind.*
- *On 16<sup>th</sup> July we had 'Therapy Tails' join us bringing their animals for cuddles and kisses and some sneaky treats along the way. We are all looking forward to seeing miniature Shetland ponies, rabbits, ducks and Mr Tumble the dog! (don't tell anyone but Shelbie is super excited!!)*
- *On 17/7/25 we have 'Rainbow Therapy' pampering residents on single and group sessions for breathing and massage classes - Mmmmmmm sounds so relaxing!*
- *We have held several other activities, shopping trips, flower arranging, making cookies and celebrating Ladies Day at Royal Ascot with strawberries and ice Cream so please check out our Facebook page for more photos – phew! need a lay down after all that!!*

# July 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Andrew's 1 weekly chair Exercises from 1.30pm	2	A walk to the 3 Market! From 1.30	Celebrating 4 Independence Day! Craft making and BBQ from 12.30pm	5	Afternoon 6 Church Service
Join us for 7 games and quizzes! Residents Meeting from 3pm in the lounge.	Andrew's 8 weekly chair Exercises from 1.30pm Steve Valentine Singing and Dancing from 3pm.	National 9 Sugar Cookie Day! Join us in making some delicious cookies from 10.30 am	Hairdresser 10 Day! Pamper Day! Come along and enjoy a manicure!	11	12	13
14	Arts and 15 Crafts morning! Andrew's weekly chair Exercises from 1.30pm	Therapy 16 Tails! Come and meet the animals visiting us at 11am.	Rainbow 17 Therapies. Reflexology and massage from 10 am. Join us in the afternoon for games and quizzes!	Movie 18 afternoon. Come along and watch a Golden oldie! From 1.30pm	19	20
Bingo! 21 Join us for a morning game.	Andrew's 22 weekly chair Exercises from 1.30pm	Father 23 Steve visiting from 11 am. Walk into town from 1.30!	Hairdresser 24 Day! Rainbow Therapies. Reflexology and massage from 10 am.	Painting 25 pictures! Join us for a morning of painting from 10.30 am	26	27
Happy 28 Birthday Judy! Wishing you a wonderful day! Flower arranging from 1.30pm.	Scrap 29 booking! Join us in creating your own book of memories! From 10.30 am.	30	Rainbow 31 Therapies. Reflexology and massage from 10 am.			













I just feel the ladies would be saying "race you to the bottom!"





**TO OUR RESIDENT**

Judy





## TO OUR STAFF FOR JULY



Stuart



*PARIS (21!!)*

Manish



CONNOR



Sophie



Lauren



We all wish Helen a very happy & healthy retirement, live life to the full!





Answers to last months teaser puzzles:

Answer 1) Was SPOT and STOP the difference – there was no changes in the pictures

Answer 2) The three consecutive numbers were 999, 1000 and 1001

To test your little grey cells this month – answers in next months newsletter

Question 1) What number replaces the question mark below?

$$E - 1 = F$$

$$W - 2 = V$$

$$Q - 1 = O$$

$$H - 2 = I$$

$$E - ? = L$$

Question 2) Logically, which word in red would join the group in blue?

DEFENDER                      HIJACK                      STUPID

YEP

NOPE

MAYBE

Dennis managed to get both answers last month – the gauntlet has now been thrown down to him - so Dennis, if you wish to accept this - I bet you cant do BOTH of these!

Once again, a big



to all the staff for keeping everyone safe and well

*Check out our website and take a look at our Facebook page which is constantly being updated:*

*[www.castlehousecarehomedevon.co.uk](http://www.castlehousecarehomedevon.co.uk)*

*We always need your reviews....*

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. If you could make sure all the boxes are ticked and you have commented alongside as well would be very helpful to other families looking for a placement for their loved ones

However, if you have any concerns, please do speak to us directly so we can help. You can review us on [www.carehome.co.uk](http://www.carehome.co.uk) AND Facebook.

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**on [carehome.co.uk](http://carehome.co.uk)**  
**the leading care home review website**



**Please take a moment to review us on [carehome.co.uk](http://carehome.co.uk)**

- We welcome residents/service users and their family/friends to submit reviews to [carehome.co.uk](http://carehome.co.uk)
- Staff or people with a professional connection to the care provider cannot submit reviews
- This is not a formal complaints procedure, for complaints contact the care provider or relevant regulatory authority
- Before publication, we check that all reviews comply with our Review Policy and we show all reviews to care providers
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