



CASTLE HOUSE

Care Home

Editor: Sue Stone

Welcome to our AUGUST ISSUE 2025 monthly newsletter



Well, the summer has been one of the better ones this year - I think we can all agree on that - we even had our last Bank holiday Monday where it was warm and the sun shone through and lots of people were out enjoying the beach and surfing at Widemouth Bay - fingers crossed we may even have an Indian summer during September

Autumn and Winter can be very long!

NEWS IN BRIEF

- *August has been another busy month on birthdays for both residents and staff alike - some staff wish to remain anonymous but we still want to say 'Happy Birthday' to them all*
- *On 8th August we had Neil with his saxophone to entertain us*
- *On 13th August we had 'Therapy Tails' visit us, taking their small animals around the home for all to enjoy*
- *On 14th August we had Rainbow Therapy come to do reflexology and massage*
- *On 20th August we had the yummy C&A Ice Cream van come around*
- *We have also held plenty of activities in-house and outside in the garden where drinks and nibbles were enjoyed in the sunshine - so nice to be able to do this whilst the weather is lovely*
- *Andrew came to try and make us pliable with his gentle exercise classes*
- *Father Steve visited us on Tuesday 26th August - such a joyful, positive and happy vibe he brings to the home. His next visit will be on Tuesday 30th September*
- *We have had 2 staff presented with long service awards - well done to Sue for 15 years and Katy for 5. Both were awarded with certificates and vouchers*
- *A big Thank you to the Cowx family for their most generous donation of just over £100.00 towards the residents fund in memory of Judy*
- *Shelbie and Sue will soon be moving to their new office; this will be in a different part of the home but we will always be available to you, so please just ask to see or speak to us when you arrive at the home. Moving into our old office will be Paris and our team leaders*

As mentioned above, we sadly lost one of our residents recently, Judy Cowx, who really was a lovely lady - in memory of Judy, Emma (our Activity and Events Lead) wrote a moving poem which I would like to share with you all:-

Judy

*In the floral scent of summer
When all the flowers bloom,
And the gentle breeze carries,
The fragrance through the room,
You will be remembered,
And those you love will smile,
A comfort from a little sign,
You came to visit for a while.
Memories will bring comfort,
To those who loved you so,
They will carry you within their hearts,
Never letting go.
When the sun was shining,
A little brighter from above,
And the flowers shone with colour,
As the room was filled with love,
You were guided up to Heaven,
In comfort and in grace,
Home to our Lord and saviour,
Safe in his warm embrace*

August 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Movie 1 afternoon. Come along and watch a Golden oldie! From 1.30pm	2 International Forgiveness Day	Watermelon 3 Day
Chocolate 4 Chip Cookie Day! Join us in making our own chocolate chip cookies from 10.30 am	Andrew's 5 weekly chair Exercises from 1.30pm	6 Independenc e Day – Jamaica Join us for games and quizzes!	Hairdresser 7 Day! Pamper Day! Come along and enjoy a manicure!	A walk to 8 the Market! From 1.30 International Cat Day	World 9 Indigenous Day. Book Lover's Day. Middle Children's Day.	10
A walk to 11 the Market from 1.30	Andrew's 12 weekly chair Exercises from 1.30pm Join us for games and quizzes!	13 International Left-handers Day Painting Pictures! Join us for a morning of painting from 10.30 am	Rainbow 14 Therapies. Reflexology and massage from 10 am. Independenc e Day - Indonesia	Ferragosto 15 Festival Indian Independence Day Let's Get out and about! A Friday outing.	16 International Lighthouse and Lightship Weekend Tell a Joke Day	17 Independence Day - Indonesia
Creating a 18 collage. Join us in making individual collages to display from 10.30 am	Andrew's 19 weekly chair Exercises from 1.30pm World Humanitarian Day	Lemonade 20 Day! A walk to the Market from 1.30	21 Hairdresser Day! Pamper Day! Come along and enjoy a manicure! World Senior Citizen's Day	Daffodil 22 Day! Flower arranging from 1.30pm.	Movie 23 afternoon. Come along and watch a Golden oldie! From 1.30pm	Happy 24 Birthday Jim! Wishing you a wonderful day!
	25 Andrew's 26 weekly chair Exercises from 1.30pm International Dog Day	Just 27 Because Day! Mid-afternoon Cup of tea/Coffee, Catch up and Cake- Just because!	Rainbow 28 Therapies. Reflexology and massage from 10 am.	A walk to 29 the Market! From 1.30 pm	30	31



*Presentation certificate for 15 years long service award
Congratulations to Sue (Office Manager)*



*Presentation certificate for 5 years long service award
Congratulations to Katy (Team Leader)*





TO OUR RESIDENT



JIM





TO OUR STAFF

TINA



SHELBY



CLAIRE



KATHY



Other staff will/have celebrated birthdays this month but wish to remain anonymous but we still want to say 'Happy Birthday' to them all!

Answers to last months teaser puzzles:

Answer 1) The number was 2 – to take off 2 lines from the letter E makes L

Answer 2) Was 'B' the words started with consecutive letters and NOPE was the only one that fitted

I did throw the gauntlet down to Dennis last month but he never replied so I take that as he didn't know the answers - so I win!!!

To test your little grey cells this month – answers in next months newsletter

Question 1) What number replaces the question mark

JAMAICA + JAPAN = 124

ARGENTINA & ARMENIA = 1245

FRANCE + BRAZIL = 23

ENGLAND + GERMANY = ?

Question 2) Which is the odd one out?

A – 2 VOWELS

B - 3 SYLLABLES

C – 7 LETTERS

D – 10 CONSONANTS

Once again, a big



*Check out our website,
take a look at:*

www.castlehousecarehomedevon.co.uk

We always need your reviews....

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. If you could make sure all the boxes are ticked and you have commented alongside as well would be very helpful to other families looking for a placement for their loved ones

However, if you have any concerns, please do speak to us directly so we can help. You can review us on www.carehome.co.uk AND catch up with all the different things happening on Facebook page.

Review us
on carehome.co.uk
the leading care home review website



Please take a moment to review us on carehome.co.uk

- We welcome residents/service users and their family/friends to submit reviews to carehome.co.uk
- Staff or people with a professional connection to the care provider cannot submit reviews
- This is not a formal complaints procedure, for complaints contact the care provider or relevant regulatory authority
- Before publication, we check that all reviews comply with our Review Policy and we show all reviews to care providers
- It can take up to 30 days for a review to be published or deemed non-compliant
- Reviews are published on carehome.co.uk and potentially other selected websites
- Our full Review Policy can be viewed on carehome.co.uk/reviews
- For assistance, call 01488 684321 or email reviews@carehome.co.uk