

CASTLE HOUSE

Care Home

Editor: Sue Stone

Welcome to our FEBRUARY 2026 monthly newsletter



Buds are forcing themselves out from the branch tips and snowdrops, crocus and daffodils are in bloom. Baby lambs are also now in the fields – I feel Spring is just around the corner!!

NEWS IN BRIEF

- *We have celebrated several staff birthdays this month - no residents this month, most unusual!*
 - *To celebrate Valentines Day, we had the wonderful Steve Valentine entertain us.*
- *On Tuesday 17th not only did we celebrate Shrove Tuesday with lovely pancakes with lemon sauce but a gorgeous Chinese meal celebrating Chinese New Year with Hoisin Chicken and Turmeric Rice followed by Pisang Goreng - absolutely lovely! All made by one of our cooks, Ivan*
- *We have had a lovely service from Father Steve, lots of arts & crafts along with jigsaw puzzles, day trips into Torrington, reflexology, exercises classes, hair pampering, baking sessions making lemon and chocolate tarts, PAT the dog and two very young visitors along with their mums, our lovely Sophie and Cherrí!*
- *The family of the lovely 'Janet Cartwright' who we sadly lost a few weeks ago, will be holding a 'celebration of her life' at Torrington Town Hall on Thursday 26th February between 13.00 - 16.00pm. The family would like as many residents & staff to attend if possible*
- *Castle House have had two monetary donations over the past few weeks; we would like to thank each family as follows*

Back in January we lost a lovely resident called Liz Treacher who had been at Castle House from June 2025 - Liz was a firm favourite of all the staff and residents alike - she is greatly missed.

The Treacher family have kindly donated to the residents fund £60.00 and to the staff fund £150.00.

To the Treacher family we would all like to say a huge

THANK YOU!!

IN MEMORY OF LIZ



Just recently we lost another lovely resident called Margaret Shortridge who had been at Castle House from December 2024 - Margaret was not only the 'matriarch' but a wonderful lady who will be sorely missed.

The Shortridge family have kindly donated to the staff fund £500.00 - we are so very grateful for this most generous gift.

To the Shortridge family we would all like to say a massive

THANK YOU!!

IN MEMORY OF MARGARET



*Celebrating Valentines Day with the one and only
Steve Valentine*





TO OUR STAFF

MARK



CAROLINE



SUE



CATHY



FEBRUARY 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 Groundhog Day! Morning walk into town from 10 am	3 Therapy Tails visiting with the little animals from 11 am! Weekly chair exercises with Andrew from 1.30 pm	4 One to one and group arts and crafts – Create your gem stone pictures.	5 Join us for a morning of puzzles and games!	6 Hairdresser visiting from 10 am Colouring pictures from 10.30 am and at 2pm	7 Puzzle group from 10.30 am	8 Colouring Pictures from 10.30 am
9 Morning Walk into town from 10am. Knitting group from 2pm in the lounge.	10 Puzzle Group from 10.30 am Weekly chair exercises with Andrew 1.30 pm PAT visit from Lucy 2-3pm	11 Baking workshop from 10.15 am with Mel from Welcombe Meadow Renee visiting for afternoon service, 2pm	12 Rainbow Therapies Reiki Massage and Reflexology from 10 am Pamper afternoon- Enjoy a lovely manicure.	13 Happy Valentines Day! Hairdresser visiting from 10am Steve Valentine entertaining us from 2-3 pm!	14	15
16 Morning walk into town from 10 am	17 Chinese New Year! Shrove Tuesday. Quizzes and activities from 10.30 Weekly Chair exercises with Andrew from 1.30	18 Ash Wednesday Arts and crafts in the morning from 10.30 am	19 Join us for a morning of quizzes and puzzles!	20 Hairdresser visiting from 10am	21	22
23 Morning walk to town from 10.30 am Afternoon walk into town from 1.45pm	24 Join us for a morning of puzzles and games! Weekly Chair exercises with Andrew from 1.30 pm	25 Puzzle group from 10.30 am PAT visit from Lucy 2-3 pm.	26 Rainbow Therapies Reiki Massage and Reflexology from 10 am Pamper afternoon – enjoy a lovely manicure!	27 Hairdresser visiting from 10am Bingo From 1.45pm in the lounge	28	

Answers to last months teaser puzzles:

Answer 1) B = 8

Answer 2) Word was SLEEPLESSNESS

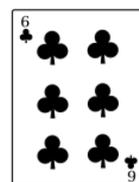
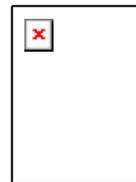
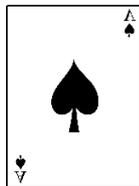
Did you manage to get them ? – well done if you did

To test your little grey cells this month!!

(answers in next months newsletter)

Question 1) If you take the year 1999 and add up all the individual digits, then repeat that with the answer until you have only one digit remaining, what are you left with??

Question 2) What word is written out by the cards??





to all the staff for keeping everyone safe and well

Check out our website,

take a look

www.castlehousecarehomedevon.co.uk

We always need your reviews....

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. If you could make sure all the boxes are ticked and you have commented alongside as well would be very helpful to other families looking for a placement for their loved ones

However, if you have any concerns, please do speak to us directly so we can help. You can review us on www.carehome.co.uk AND Facebook.

Review us
on carehome.co.uk
the leading care home review website



Please take a moment to review us on carehome.co.uk

- We welcome residents/service users and their family/friends to submit reviews to carehome.co.uk
- Staff or people with a professional connection to the care provider cannot submit reviews
- This is not a formal complaints procedure, for complaints contact the care provider or relevant regulatory authority
- Before publication, we check that all reviews comply with our Review Policy and we show all reviews to care providers
- It can take up to 30 days for a review to be published or deemed non-compliant
- Reviews are published on carehome.co.uk and potentially other selected websites
- Our full Review Policy can be viewed on carehome.co.uk/reviews
- For assistance, call 01488 684321 or email reviews@carehome.co.uk