



CASTLE HOUSE

Care Home

Editor: Sue Stone

Welcome to our MARCH 2026 monthly newsletter



Well, we have had a few days when we thought Spring had arrived with blue skies and warm sunshine, then suddenly we are back to cold winds and showers – good old Blighty!

NEWS IN BRIEF

- *Don't forget the clocks go forward by 1 hour on 29th March 2026*
- *We spoilt all the ladies on Mother's Day 15th March with chocolates; Mmmmm!*
- *Once again, we will /have celebrated quite a few birthdays, residents and staff alike though some staff wish to stay anonymous*
- *We have had plenty of activities with puzzles, arts & crafts, trips to town, animals visiting and entertainment with the wonderful Steve Valentine this month*
- *We had a wonderful staff donation from Graham & Janet Truepenny in memory of their mum Patricia*
- *Brad has started decorating the inside corridors of the home making it a lot brighter and cleaner*
- *Our fish tank is getting busier and busier with babies galore being hatched*
- *We are delighted to make it official that our lovely manager Shelbie is expecting her first baby in September – we all wish her the very best; we are all pleased the morning sickness has now passed but the food addictions have taken over big time!*



Mother's Day

March 15th 2026

Known by its religious name, Mothering Sunday

HAPPY MOTHERS DAY!



BRITISH SUMMMER TIME BEGINS

29th MARCH 2026



DON'T FORGET TO PUT YOUR CLOCKS FORWARD BY 1 HOUR

Back in January 2026 we lost a lovely resident called Patricia Truepenny who had been at Castle House from October 2025.

Pat was a wonderful lady, cheerful & happy and always enjoyed a party. Pat was a firm favourite of all the staff and residents alike – she is greatly missed.

The Truepenny family have been so generous in giving £1000.00 to the staff at Castle House which has completely bowled us all over.

To Graham and Janet we would all like to say a huge and extremely grateful

THANK YOU!!

IN MEMORY OF PAT





TO OUR RESIDENTS



David's 70th

Mary





To our staff



RITA



KATY



Jim with visitors, next puzzle made, Mother's Day chocolates, jewellery making and bird huts painted



March 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						St David's Day! 1
Colouring pictures from 10.30 am and 2pm 2	World Wildlife day. World Hearing day. Weekly chair exercises with Andrew from 1.30 pm 3		Dream Tree one to ones. Wishes and hopes for the year ahead. 5	Hairdresser visiting from 10 am PAT visit from Lucy and Jane 10-11am Join us for a pamper and manicure throughout the day! 6	Creating our own bird houses today for the garden 7	International women's day Puzzle group from 10.30 am 8
Morning walk to town from 10.30 am Puzzle group from 2pm 9	Puzzle group from 10.30 am Weekly chair exercises with Andrew from 1.30 pm 10	Happy Birthday Mary Lee! Dream Tree one to ones. Wishes and hopes for the year ahead. 11	Join us in making some Mother's Day themed Arts and Crafts! 12	Continuing with Mother's Day Arts and Crafts from 10.30 am Hairdresser visiting from 10 am 13	14	Happy Mother's day! 15
St Patrick's day Arts and Crafts from 10.30 am! 16	St. Patrick's day! Continue with our themed puzzles, Arts and Crafts from 10.30 am Weekly chair exercises with Andrew from 1.30 pm 17	Happy 70 th Birthday David! Steve Valentine entertaining us from 2pm! Global Recycling Day! 18	19	Spring begins!! Colouring Spring pictures from 10.30 am Hairdresser visiting from 10 am 20	Baking Muffins from 10.30 am! 21	Puzzle group from 10.30 Walk to town from 1.45 pm 22
Puzzle Group from 10.30 am Walk into town 1.45 pm 23	Dream Tree one to ones. Wishes and hopes for the year ahead. Weekly Chair Exercises with Andrew from 1.30pm 24	A walk into town from 10.30 am 25	Creating our new display boards together with recent chosen work. 26	PAT Visit from Lucy and Jane from 10-11 am Hairdresser visiting from 10 am 27	28	29
A walk to town from 10.30 am Staff special mentions at 2pm 30	Father Steve Service from 11 am Weekly chair exercises with Andrew from 1.30pm 31					

Answers to last months teaser puzzles:

Answer 1) **One**

Answer 2) **Stakes**

To test your little grey cells this month!!

(answers in next months newsletter)

Question 1) In the famous song, there was an old woman who swallowed a horse, a cow, a dog, a cat, a bird and a spider – all to catch a fly she's previously swallowed. How many legs are there in total in the song

Question 2) If A=1, B=2 up to Z=26 which country's name is 19161914?



to all the staff for keeping everyone safe and well

Check out our website,

take a look

www.castlehousecarehomedevon.co.uk

We always need your reviews....

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. If you could make sure all the boxes are ticked and you have commented alongside as well would be very helpful to other families looking for a placement for their loved ones

However, if you have any concerns, please do speak to us directly so we can help. You can review us on www.carehome.co.uk AND Facebook

Review us
on carehome.co.uk
the leading care home review website



Please take a moment to review us on carehome.co.uk

- We welcome residents/service users and their family/friends to submit reviews to carehome.co.uk
- Staff or people with a professional connection to the care provider cannot submit reviews
- This is not a formal complaints procedure, for complaints contact the care provider or relevant regulatory authority
- Before publication, we check that all reviews comply with our Review Policy and we show all reviews to care providers
- It can take up to 30 days for a review to be published or deemed non-compliant
- Reviews are published on carehome.co.uk and potentially other selected websites
- Our full Review Policy can be viewed on carehome.co.uk/reviews
- For assistance, call 01488 684321 or email reviews@carehome.co.uk