



# CASTLE HOUSE

## Care Home

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Editor: Sue Stone

*Welcome to our SEPTEMBER 2026 monthly newsletter*



The weather has been lovely for late September although there is definitely a nip in the air first thing in the morning now - Let's all enjoy the last few days of lovely sunny weather we have been having as winter will seem very long!

# *NEWS IN BRIEF*

- *September has been another busy month on birthdays for both residents and staff alike*
- *Macmillan Cancer Support - We held our annual coffee and cake morning to help raise funds for this worthy cause*
- *We had the wonderful Ben Mckenzie come to entertain us*
- *Therapy Tails paid us a visit with their gorgeous animals to pat and groom*
- *Father Steve along with our friendly PAT visit with Lucy & Jane, Rainbow Therapy and our various in-house activities from jewellery making to chair exercises - what a very busy time had by all.*
- *We had a lovely Rose planted in our rose garden by Nicola in memory of her dear aunty Lyn who recently passed away*
- *Please see all videos and posts on our Facebook page so you don't miss a thing!*



## September 2026



| Monday                                                                 | Tuesday                                                                            | Wednesday                                                                                                                                                    | Thursday                                                                                                                  | Friday                                                                                                          | Saturday           | Sunday                                       |
|------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------|----------------------------------------------|
|                                                                        | Puzzle group from 10.30 am 1                                                       | Walk to town from 10.30 am<br>Weekly chair exercise 1.45 – 2.15pm 4                                                                                          | Arts and Crafts morning from 10.30 am 3                                                                                   | Hairstresser in from 10 am<br>National Wildlife day. Join us to paint our own wildlife pictures from 10.30 am 4 | World Beard day! 5 | Read a book day 6                            |
| Walk into town from 10.30 am 7                                         | International Literacy day<br>Star Trek Day!<br>Father Steve visiting from 11 am 8 | International Sudoku Day!<br>Puzzles and quizzes in the morning from 10.30 am<br>Weekly chair exercise 1.45 – 2.15pm<br>PAT visit with Lucy and Jane 2-3pm 9 | Massage and reflexology with Rainbow Therapies from 10 am<br>Enjoy a pamper and a manicure today. 10                      | Hairstresser in from 10 am<br>Puzzle group from 1.45 pm 11                                                      |                    | Grandparents Day!<br>Road Dahl story Day! 12 |
| Bicycle Week.<br>Puzzle group from 10.30 14                            | Walk into town 10.30 am<br>Singer Ben McKenzie 2-5 pm 15                           | Weekly chair exercise 1.45 – 2.15pm<br>PAT Visit Lucy and Jane 2-5pm 16                                                                                      | Join us for games and quizzes in the lounge today.<br>Afternoon Walk into town from 1.45 pm 17                            | Hairstresser in from 10 am 18                                                                                   |                    | Happy Birthday Nancy! 19                     |
| International day of peace.<br>Morning walk into town from 10.30 am 21 | Therapy Tails visiting from 11 am<br>World Rhino Day! 22                           | Happy Birthday Sally!<br>Jewellery making from 10.30 am<br>Weekly chair exercise 1.45 – 2.15pm 23                                                            | World Gonilla Day!<br>Massage and reflexology<br>Rainbow Therapies from 10 am<br>Macmillan coffee morning from 10.30am 24 | National Doodle day!<br>Hairstresser from 10 am<br>PAT Visit Jane and Lucy 11-12pm 25                           |                    |                                              |
| Happy Birthday Mavis!<br>Card making workshop from 10.30 am 26         | Walk into town from 2pm 28                                                         | Weekly chair exercise 1.45 – 2.15pm 30                                                                                                                       |                                                                                                                           |                                                                                                                 |                    |                                              |

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## TO OUR RESIDENTS



**NANCY**



**SALLY**



**MAVIS**





***TO OUR STAFF***

**JEMMA**

**EMMA**



**RYAN**



Answers to last months teaser puzzles:

Answer 1) The word was BARRELL

Answer 2) The month of APRIL was the last square root day in 2016

To test your little grey cells this month – answers in next months newsletter

Question 1) In a parallel world where surnames are descriptive, which of these mens is the oldest.

Jack Robertson

William Jackson

John Williamson

Will Johnson

Question 2) Why is FACETIOUS the odd one out in this group of words

Education

Tambourine

Facetious

Discourage



to all the staff for keeping everyone safe and well

***Check out our website,***

***take a look at:***

***[www.castlehousecarehomedevon.co.uk](http://www.castlehousecarehomedevon.co.uk)***

***We always need your reviews....***

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. However, if you have any concerns, please do speak to us directly so we can help. You can review us on [www.carehome.co.uk](http://www.carehome.co.uk) AND our Facebook page to see all the latest pictures and videos

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- This is not a formal complaints procedure, for complaints contact the care provider or relevant regulatory authority
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